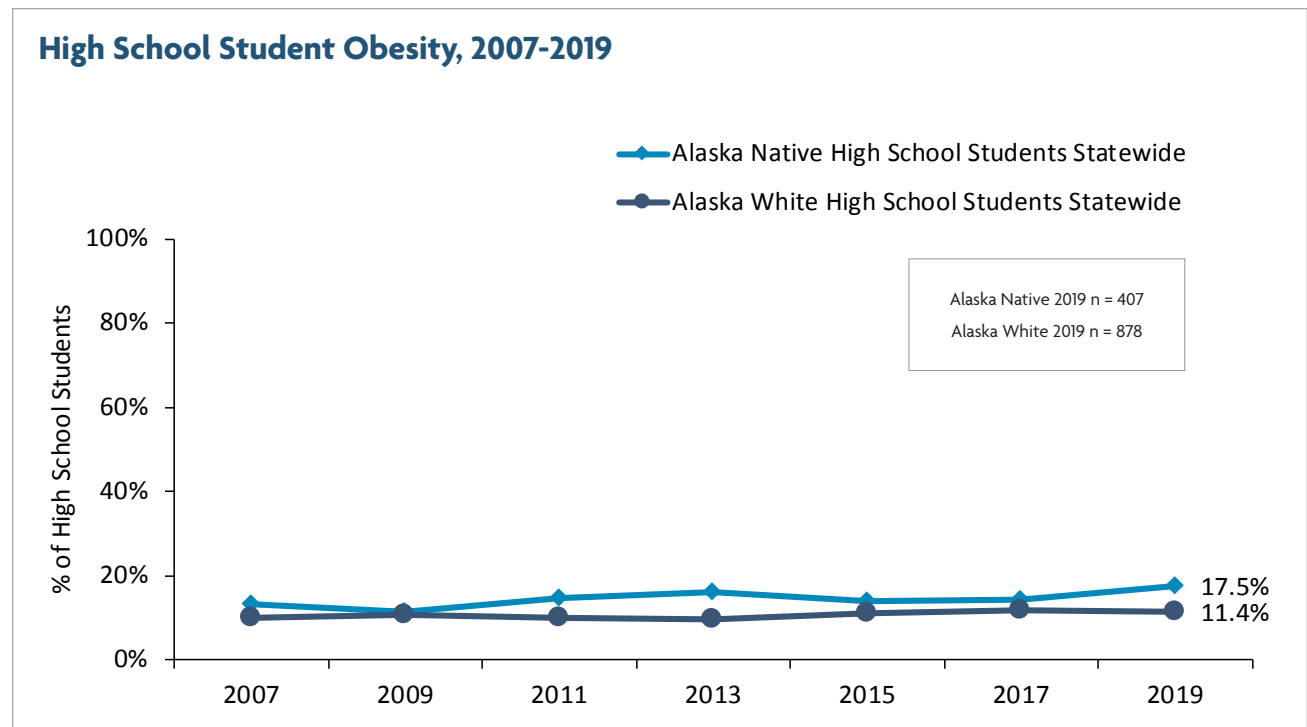


# Obesity



Data Source: Alaska Division of Public Health, Alaska Youth Risk Behavior Surveillance System  
Table C-88

## Definition

Adolescent obesity is the percentage of students (grades 9-12) with a body mass index (BMI) equal to or greater than the age- and sex-specific 95th percentile.

## Related Objectives

Reduce the proportion of children and adolescents with obesity to 15.5%. - *HEALTHY PEOPLE 2030, OBJECTIVE NWS-04*

## Summary

- » Nearly one in five (17.5%) Alaska Native high school students reported being obese in 2019.
- » In 2019, there was no statistically significant difference in obesity prevalence between Alaska Native and Alaska White high school students.
- » The percent of obese Alaska Native high school students appears to have remained relatively stable between 2007 and 2019.

# Obesity

**Table C-88: High School Student Obesity, 2007-2019**

Data Source: Alaska Division of Public Health, Alaska Youth Risk Behavior Surveillance System

		<b>Alaska Native Students Statewide</b>	<b>Alaska White Students Statewide</b>
2007	n	237	732
	%	12.8%	10.1%
	Confidence Interval	(8.2%-19.3%)	(7.9%-12.7%)
2009	n	290	609
	%	11.4%	10.9%
	Confidence Interval	(8.8%-14.7%)	(8.0%-14.7%)
2011	n	292	645
	%	14.8%	9.9%
	Confidence Interval	(10.8%-20.0%)	(7.9%-12.3%)
2013	n	267	571
	%	15.8%	9.5%
	Confidence Interval	(11.2%-21.7%)	(7.4%-12.2%)
2015	n	339	648
	%	14.1%	11.1%
	Confidence Interval	(10.7%-18.4%)	(8.8%-13.8%)
2017	n	328	561
	%	14.2%	11.9%
	Confidence Interval	(11.3%-17.8%)	(9.0%-15.6%)
2019	n	407	878
	%	17.5%	11.4%
	Confidence Interval	(11.9%-25.0%)	(8.9%-14.4%)